

THE YOUNG TIGERS KYOKUSHIN DOJO

TRAINING TIMETABLE

SQUAD	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PRE-SCHOOL Suitable for ages 3 & 4yrs	9:00 – 9:30am Booking essential	4:00 – 4:30pm Booking essential	9:00 – 9:30am Booking essential	4:00 – 4:30pm Booking essential	9:00 – 9:30am Booking essential		Sunday training is dedicated to all students who are Senior Yellow Belt and above. Please make enquiries with Sensei Should you be interested in attending
Kids Beginner Suitable for ages 5 – 9yrs	4:30 – 5:30pm	4:30 – 5:30pm	4:30 – 5:30pm	4:30 – 5:30pm	4:30 – 5:30pm	8:30 – 10:00am	
Advance Kids Suitable for ages 10 – 15yrs	6:00 – 7:30pm	6:00 – 7:30pm	6:00 – 7:30pm	6:00 – 7:30pm	6:00 – 7:30pm	8:30 – 10:00am	
Adults Suitable for ages 16yrs +	6:00 – 7:30pm	7:30 – 9:00pm	6:00 – 7:30pm	7:30 – 9:00pm	6:00 – 7:30pm	8:30 – 10:00am	
Females Kyokushin Suitable for ages 10yrs +	7:30 – 9:00pm		7:30 - 9:00pm			8:30 – 10:00am	
PRIVATE TUITION 1 HOUR Bookings Essential	Sensei Alicia 3:30 – 4:30pm	Sempai Robert 5:00 – 6:00pm	Sensei Alicia 3:30 - 4:30pm	Sensei Alicia 3:30 – 4:30pm	Sempai Robert 5:00 – 6:00pm BOOKED		

NOTE:

For Private Tuition please be sure to pay at time of booking. Be reminded that no refund will be given should you fail to show. I have stipulated our instructor's availability for your convenience in the timetable above. The best time to use Private tuition is leading up to a grading or to kick start your next belt preparation in order to help improve the problem areas you may be struggling with. Please be sure to stipulate what area of your karate you would like most help with in order for us to help you.

The dojo operates over school holidays but is closed all public holiday weekends, unless specified by Sensei Alicia in class.